

Activity Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:00 PM	PEAK	Court Sports Gym Games	PEAK	Court Sports Gym Games	PEAK	9:00 AM	
4:30 PM	Court Sports Gym Games	Abs, Stretch, Activity	Court Sports Gym Games	Abs, Stretch, Activity	Court Sports Gym Games	9:30 AM	
5:00 PM	Abs, Stretch Activity	PEAK	Abs, Stretch Activity	PEAK	Abs, Stretch Activity	10:00 AM	PEAK
5:30 PM	PEAK	Court Sports Gym Games	PEAK	Court Sports Gym Games	PEAK	10:30 AM	Court Sports
6:00 PM	Court Sports Gym Games	Abs, Stretch, Activity	Court Sports Gym Games	Abs, Stretch, Activity	Court Sports Gym Games	11:00 AM	Abs, Stretch, Activity
6:30 PM	Abs, Stretch Activity	PEAK	Abs, Stretch Activity	PEAK	Abs, Stretch Activity	11:30 AM	PEAK
7:00 PM	PEAK	Court Sports Gym Games	PEAK	Court Sports Gym Games		12:00 PM	Court Sports Unsupervised
7:30 PM	Court Sports Gym Games	Abs, Stretch, Activity	Court Sports Gym Games	Abs, Stretch, Activity		12:30 PM	Abs, Stretch, Activity
						1:00 PM	PEAK
						1:30 PM	Court Sports
						2:00 PM	Abs, Stretch Activity
						2:30 PM	PEAK